



What's Involved in Learning to Scuba Dive?

YOUR FIRST STEP is earning your Open Water Diver certification - becoming what is commonly known as a "certified diver." Becoming certified consists of three phases:



- Orientation and Self Study
- Academic/Confined-Water Training
- Open Water Training

Orientation and Self Study

To get started, you'll meet with one of our staff instructors for your scuba orientation when we will answer questions about your training. We will also review your class schedule, and fit your equipment for class. Students may enroll anytime prior to this orientation class and begin studying your home study kit.

Academic/Confined-Water Training

Once you have completed your home study you join us for an academic review and pool sessions.

- In the classroom, your instructor will review the information you've gained by working through the self-study materials. He or she will bring this information to life with first-hand examples of how divers apply this information on dive vacations and here at home. Discussions with your instructor and fellow students help you learn and add to the enjoyment.
- In our warm, full-size pool, your instructor will demonstrate and have you practice diving's fundamental skills. Like all aspects of learning to dive, pool sessions are fun and enjoyable. They increase your comfort level and make the transition to open-water diving easier.

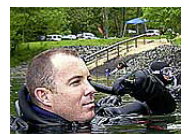


When you've completed your academic and confined-water training, you'll be ready for the final and most important phase of earning your entry-level diver certification: your open-water training dives.

Open Water Training

Open water training consists of five dives conducted over two days. Each of the five sessions consists of the opportunity to apply the skills you mastered in the pool, and to make a guided dive under the supervision of your instructor. You have three options:

- During warmer weather, you can join us at nearby Millbrook Quarry for a weekend of open-water training. This beautiful setting is famous for its convenient parking, easy entries and fascinating underwater wrecks and artifacts.
- Throughout the year, Adventure Scuba Company conducts long-weekend and week-long trips to destinations such as Florida's Crystal River, Nassau in the Bahamas, Grand Cayman, Cozumel and elsewhere.
- If you already have a vacation planned to a warm-water destination, we can provide you with referral paperwork so that you can complete your training at the dive destination of your choice.



Once you've completed your academic/confined and open-water training, you'll be awarded Open Water Diver certification, your ticket to a lifetime of diving adventure.



Prerequisites

- Be at least twelve years old.
- Be comfortable and relaxed in the water (i.e., able to swim 200 yards without undue stress).
- Be able to either honestly answer “No” to all of the questions on the medical history form, or obtain a physician’s approval for diving.

How Much?

Adventure Scuba Company’s beginning scuba course costs \$350 and includes:

- All instruction.
- A comprehensive package of self-study materials, including a video, textbook, dive tables and dive log.
- Pool admission.
- Use of BCs, regulators, tanks and weights for pool sessions.
- Certification card processing fees.

Students are responsible for providing:

- Transportation to and from the classroom, pool and open-water training sites.
- The equipment listed below for in-water training activities.
- Their own swim suit, towel and other personal items as needed.
- Admission to Millbrook or the costs associated with any group trips to Florida or any other dive destination.

Be aware that, if you elect to complete your open-water training at a destination of your own choosing, you will be responsible for paying any fees the dive operator at that destination charges for this service. These will vary by dive operator and destination. You can avoid paying any additional fees by completing all of your training with Adventure Scuba Company.

Required Equipment

Students are required to provide the following equipment for both pool and open-water training dives:

- Mask and snorkel.
- Adjustable fins and wetsuit boots.
- Weight belt.

Additionally, students must provide the following equipment for all open-water training dives:

- A wetsuit appropriate for local conditions.*
- Weight.*
- Two full scuba cylinders, each day.*
- BC with low-pressure inflator and whistle.*
- Regulator system with alternate-air-source and pressure gauge.*
- A depth gauge and dive watch or bottom timer, or a dive computer.
- A dive knife.

Items marked with an asterisk (*) are available for rental from Adventure Scuba Company at a package price of just \$100.

- Whether you supply your own equipment or rent from us, bear in mind that our insurance policy requires all life-support equipment used in training to have been assembled, tested, maintained and tagged by us.
- You will be expected to use the same BC and regulator system during open-water training that you did in the pool (this is no time to be coping with unfamiliar equipment).